Wird li-Dhahab at-Ta'ab

Litany for relief from weariness

One of the subtle offerings [daqa'iq] of Shaikh 'Abd al-Qadir (may Allah sanctify his innermost being) is the supplication for relief from weariness [dhahab at-ta'ab] and for the traversing [lit., "folding up"] of the earth [tayy al-ard]. It is appropriate for someone who can recite with a sound heart, a truthful intention, and a strong sense of direction, as well as a bond of connection. It reads as follows:

In the Name of Allah, the All-Merciful, the All-Compassionate.
Bismi'llahi 'r-Rahmani 'r-Rahim

"In the Name of Allah" be upon my heart,
Bismi'llahi 'ala qalbi

until its thirst is quenched.
hatta yurwa

"In the Name of Allah" be upon my knees,
Bismi'llahi 'ala rukabi

until they grow strong.
hatta taqwa

"In the Name of Allah" be upon the earth,
Bismi'llahi 'ala 'l-ardi

until it is traveled over [lit., "rolled up"].
hatta tutwa.

The information presented here is copyright of Al-Baz Publishing, Inc. and may not be reproduced by any means for distribution or commercial gain.

Copyright holder grants to reader license to print single copy for personal use or study only.